

## Knots of Love Guidelines for making Hats, NICU Blankets, PICC Covers, and Limb Huggers

- ONLY use yarns from this list.
- Thinner, seamless, non-lumpy beanies are good for sleeping and increased comfort.
- Beanies should not be see-through or lacy. Patients prefer not to see their bald heads through the beanie.
- Beanies should be fragrance, smoke, pet hair, and odor-free. If you smoke or have a pet, please wash in fragrance free detergent and thoroughly dry beanies before sending them.

## PLEASE ONLY USE YARNS FROM THIS LIST WHEN MAKING YOUR KNOTS OF LOVE BEANIES or NICU Blankets ALL YARNS HAVE BEEN CANCER PATIENT TESTED AND APPROVED BY THEM.

Specialty Yarn Stores	Craft & Hobby, Michaels, Jo-Ann's, Hobby Lobby & Online
Babe Soft Cotton Worsted by Euro	Baby Bee Hushabye Solid or Ombre (Hobby Lobby)
Berroco Comfort	Baby Boucle (Hobby Lobby)
Berroco Modern Cotton	Bamboo Baby by Patons
Berroco Plush (Sleep Caps)	Bernat Giggles
Blue Sky Alpaca Dyed Cotton	Bernat Li'l Tots
Cascade Anthem Chords (Sport Colors)	Bernat Softee Baby, regular or cotton
Cascade Avalon	Bernat Satin or Bernat Satin Sport
Cascade Cherub Aran	Red Heart Buttercup
Cascade Cherub Chunky (Winter Only)	Caron Simply Soft
Cascade Pima Tencel	Caron Simply Soft Shadows, Paints, Stripes, Tweed or Ombre
Cascade Sunseeker Shade	Comfy Worsted Cotton Blend (Knit Picks, Online)
Cascade Ultra Pima	I Love This Cotton (Hobby Lobby)
Hayfield Baby Blossom Chunky (Winter Only)	K&C Element (Cotton Blend)
HiKoo CoBaSi Plus, Skacel	Lion Basic Stitch Anti-Pilling Yarn
HiKoo Simpliworsted, Skacel	Lion Coboo
Jil Eaton Cottontail	Lion Feels Like Butta
Knit One Crochet Two BabyBoo	Lion Flikka (Cotton blend)
Kramer Tatamy Tweed	Lion Fun Fur
Marble Chunky (Not worsted)	Lion Heartland
Nako Elit Baby Muare	Lion Heartland Tweed
Nako Natural Bebe	Lion Jeans
NEVE by Juniper Moon Farm (Cotton)	Lion Landscapes
Paintbox Yarns Cotton Aran	Loops & Threads Charisma Baby
Peter Pan Cupcake (Sleep Caps)	Loops and Threads Coastal Cotton
Plymouth Baby Beenz	Loops and Threads Soft & Shiny
Plymouth Daisy (Sleep caps)	Main Street Yarns Shiny + Soft
Plymouth Dream Baby DK	Patons Be Mine (Sleep Caps)
Plymouth ToyBox Collection - Candy	Premier Everyday Worsted, Solids, Heather, Plaid, Medley, Multis & Marils
Rowan All Seasons Cotton	Premier Cotton Batik
Schoeller-Stahl HIT	Premier Home Cotton
• Sirdar Snuggly Bunny (Sleep Caps)	Premier Sweet Roll
• Sirdar Snuggly	Red Heart Boutique Unforgettable
Sirdar Snuggly Tutti Frutti	Red Heart Colorscape
Sublime Evie Prints	• Red Heart GumDrop
Universal Uptown Worsted and DK	• Red Heart SOFT (NOT Red Heart Super Saver)
Universal Cotton Supreme	Red Heart Soft Baby Steps
Universal Cotton Supreme Batik	• Red Heart Sweet Baby
	• Shine Worsted - Cotton blend (Knit Picks - Online)
	• Yarn Bee, Aurora Borealis (Hobby Lobby)
Please No Chenille Yarn of ANY Kind	Yarn Bee, Denim in Color (Cotton blend) (Hobby Lobby)      Yarn Bee, Fran Fran Stale (Slean Hote) (Habby Lobby)
	• Yarn Bee, Fur-Ever Style (Sleep Hats) (Hobby Lobby)
for hats or NICU blankets.	• Yarn Bee, Glowing (Hobby Lobby)
	• Yarn Bee, Soft & Sleek (Hobby Lobby)
	Yarn Bee, Soft Secret (Hobby Lobby)

## Please use any of the above yarns when making Neonatal Intensive Care blankets (18"x 24")

## Here are a few yarns that are highly recommended as soft, lightweight, and appropriate for tiny blankets.

Berroco Comfort	Lion Baby Soft
Bernat Softee Baby	Loops & Threads Snuggly Wuggly
Baby Bee Sweet Delights	Main Street Yarns Shiny + Soft
Caron Simply Soft	MaryMaxum Starlette
Cascade Avalon	Plymouth Dream Baby DK
Cascade Cherub Aran	Plymouth ToyBox Collection - Candy
Cascade Sunseeker Shade	Premier Anti-Pilling Everyday Baby
Cascade Sarasota	Sirdar Snuggly Bunny
Knit One Crochet Two Baby Boo	Sirdar Snuggly